

St. Louis Catholic Church

53 Allen Street East, Waterloo ON N2J 1J3 Tel: 519-743-4101
Email: stlouiswaterloo@hamiltondiocese.com Web site: www.saintlouisparish.ca
Served by the Congregation of the Resurrection since 1890.

Office hours: Monday – Thursday 9 - 12 and 1- 4 p.m.
Summer hours (Canada Day to Labour Day): Mon. - Thurs. 9 a.m. to 1 p.m.

Weekday Masses:
Tuesday – Friday 9:00 a.m.
*Rosary: Tuesday to Friday
before 9:00 a.m. Mass*

Sunday Masses:
Saturday: 5:00 p.m.
Sunday: 9:30 a.m.
11:30 a.m.



Pastoral Team:

Pastor
Father Phil Reilly, C.R.
preilly@hamiltondiocese.com

**Coordinator of Youth and
Children's Ministries**
Kelly Krause
kkrause@hamiltondiocese.com

Parish Secretary
Anna Malton
stlouiswaterloo@hamiltondiocese.com

Custodian
Doug Lichty

Welcome new members - Whether you are just passing through the area or looking for a spiritual home, we welcome you to St. Louis Catholic Church. We hope you will find our worship environment hospitable and prayerful. People often attend Mass at a parish for months or years without officially registering. Registration here at St. Louis is an expression of your commitment to being an active member of our community. Parish registration simplifies the process with regard to sponsoring a sacramental candidate; obtaining pastoral references and for preparation of baptisms, weddings and funerals. Registration is easy and can be completed at the Parish Office during regular office hours. Registration forms are available at the back of the Church.

Parish Records - Our parish records are very important. We try to keep them up to date. Please advise the office of any changes.

Music in the Liturgy - Music plays an integral role in the liturgical life of the parish. Parishioners are invited to join our choirs. Please contact the choir directors:

- 9:30 Choir - Bob Reinhart (robertreinhart182@msn.com)
- 11:30 Choir - Donna McLellan (donna-ipad@hotmail.com)

Sunday programs for children - During the Sunday morning 9:30 a.m. Mass there is babysitting for children under 3 years of age, Sunday School for 3 to 6 years of age and Children's Liturgy of the Word for children ages 7 and up.

Sacramental Life - St. Louis Parish celebrates the sacraments for its members who are registered and regularly attending. If you are not registered you are automatically a member of a parish closest to you.

Baptism - Celebrated once a month. Please speak with a priest after Mass on Sunday.

Sacrament of Reconciliation - Saturdays 4 - 4:30 p.m., or by appointment.

Marriage - For registered and supporting members, please contact the parish office at least one year in advance of your date.

Becoming Catholic - Rite of Christian Initiation of Adults, preparing adults for baptism and/or to join the community. Please contact the office for further information.

Anointing and Pastoral Care - Our parish community cares about the sick and elderly and the lonely. Please notify the parish office to arrange for them to receive the Anointing of the Sick, or to have the Holy Communion brought to them.

Pastoral Care to those in Hospital - A family member is asked to contact the parish whenever a parishioner is in hospital and requests a pastoral visit, or Sacrament of the Sick (Anointing).

Priesthood and Religious Life - Is God calling you to religious life, as a Brother, Deacon or Priest? If so, please contact the Vocation Director for the Congregation of the Resurrection, at resurrectionistvocation@gmail.com or www.resurrectionists.ca

Diocesan Newsletter - For information about Activities and Events of interest in the Diocese of Hamilton, subscribe to the online Diocesan Newsletter at www.hamiltondiocese.com

Parish Organizations and Contacts:

Finance Council
Terry Collins, 519-741-1534

Maintenance Committee
Bob Lorentz, 519-576-5556

OOTC Community Suppers
Keith & Sharon Schnarr 519-801-8687

Parish Webmaster
Daniel Delattre, daniel@uwaterloo.ca

Altar Servers Coordinator
Dave Pagett, 519-744-7705

**Catechesis Of The Good Shepherd,
Youth Ministry**
Kelly Krause, 519-743-4101

Catholic Women's League
Donna Herbstreit, 519-884-9380
donna.marie2000@icloud.com

Ministry to the Elderly & Homebound
Cecilia Beechey, 519-572-5435

Prayer Shawl Ministry
Sandra Williams, 519-742-9239

Prayer Chain
Sharon Carey, 519-746-8073

St. Vincent De Paul
For food hamper or more
information call 519-743-4101



31ST SUNDAY IN ORDINARY TIME

MASS INTENTIONS & EVENTS

Monday, November 4 - St. Charles Borromeo, Bishop

- No Mass

9 AM – NOON	Pickle Ball	Gym
5:30 PM	Good Shepherd Catechesis	Nursery
6:30 PM	Choir Rehearsal	Church
7:00 PM	SVDP Exec Meeting	Nursery
7:30 PM	Adventure Bible Timeline p. 19	L. Hall

Tuesday, November 5

9:00 AM	To Bring Our Loved Ones Home to the Church – Book Gr.	
9:30 AM	Book Group	L. Hall
7:00 PM	Painting with Kelly	L. Hall

Wednesday, November 6

9:00 AM	† Albert & Bernetta Dietrich – Estate of Ann Therese Paleczny	
9 AM – NOON	Pickle Ball	Gym
7:00 PM	Confirmation Prep. Class	Nursery
7:00 PM	For vocations to the priesthood & religious life – CWL	
7:30 PM	CWL General Meeting	L. Hall

Thursday, November 7

9:00 AM	† Norma Topsy Luftus – Larry Ertel	
1:00 PM	Pivotal Players (6/10)	L. Hall
7:00 PM	Mass for Our Loved Ones who passed away	

Friday, November 8

9:00 AM	† Deceased Members of the Scherrer Family – Betty & Herb Wendling	
9 AM – NOON	Pickle Ball	Gym

Saturday, Nov. 9 - The Dedication of the Lateran Basilica

Vigil of 32nd Sunday in Ordinary Time

5:00 PM	† Carol Schneider – Ron Schneider	
	† Albert & Katie Ruetz – Ruetz Family	
	† Walter & Kaye Hartman – Children	
	† Casemiro Teixeira – Maria Cabral	

Sunday, November 10 – 32nd Sunday in Ordinary Time

9:30 AM	People of St. Louis Parish	
10:30 AM	Coffee time	L. Hall
11:30 AM	† Fran Morrison – Audrey Reitzel	
	† Jocelyn Haroun – Delattre Family	
	† Bishop Basil Filevich – Hrycyk Family	
12:30 AM	Adventure Bible Timeline p. 20	L. Hall
4:30 PM	OOTC Community Supper	Gym

Reflection on the First Reading: Deuteronomy 6:2-6

Today's First Reading follows the restatement of the Ten Commandments in Deuteronomy 5:6-21. Moses provides two reasons for keeping the commandments. First, doing so instills reverence for God. Second, the commandments enjoin correct action on the part of the Israelites. To follow the Law is to revere God in all aspects of life. Furthermore, if they keep God's commandments, they will prosper and inherit the Promised Land.

The last section of the passage elaborates upon the first commandment to have no other gods, connecting it with the way this is to be lived out. Beginning with "Hear, O Israel," the passage presents what is referred to as the *Shema*, taken from the imperative of the Hebrew word *shema'* ("hear"). The *Shema* is the cornerstone of Jewish worship. Likewise, it is the central theme of Deuteronomy. The terms of the *Shema* present the obligations of those who enter into the covenant with God. In return, prosperity will come to those who adhere to the terms of the covenant.

The central verb of the *Shema* is "love." This is the first time in the Bible that we see a reference to loving God. The act of loving does not refer to an emotional attachment; rather, it reveals a proper attitude

Fundraiser for Out of the Cold Community Suppers – the OOTC suppers are served every Sunday from the beginning of November to the end of April (26 weeks). During 2023-2024 winter 894 meals were served by over 60 volunteers. Special envelopes are available at the back of the church for the donations to this program. Please be generous. Cheques should be written to "St. Louis Out of the Cold Program". The funds are kept in a separate bank account, but the amount of the donation will be included in the total income tax receipt issued by the parish.



Our next CWL general meeting will be on Wednesday November 6th. Starting with Mass at 7 PM & followed by refreshments. Our guest speaker this month is Diane Stoddard, a nurse who has volunteered with Medical Missionaries in Peru for many years. She will share many pictures and inspiring stories. Also note that annual membership fees are now due!



Memorial Mass: we will be having a Mass on November 7th at 7 PM to remember anyone who has passed away. If you have a loved one that you would like remembered during this Mass please contact Kelly Krause at the parish office. You can choose to have a candle with a small card that will have the name of your loved one on it, or if you would like to provide a picture, we can have the picture placed with the candle. On November 7th, please come to the Mass a few minutes early so that you can light the candle for your loved one. If you cannot make the Mass but would like your loved one remembered, Kelly would be happy to light the candle for you.

*Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May they rest in peace. Amen.*

Pivotal Players –Thursdays at 1 PM in the Large Hall screening of full episodes of Bishop Barron's series on men and women whose friendship with Christ transformed their own lives and the world. Nov. 7th episode is about Michelangelo Buonarroti (1475 - 1564). Full schedule on the parish website.



Maryhill Historical Society Annual General Meeting Sunday Nov. 17, Maryhill Community Centre (58 St. Charles St. E – Maryhill), at 2 PM. Speaker: Warren Stauch of the Waterloo Historical Society will relate his tales of 'Hidden Gems of Waterloo County'. Business meeting to follow for the election of the new Board of Directors; the presentation of financial statements and vote on new bylaws. Free refreshment table. Members and non-members welcome. N.B. Only members will be able to vote. We will have some of our published books for sale.

Prayer Vigil - Thursday, Nov. 7, from 10 – 11 AM opposite Freeport Hospital, 3570 King St. E., Kit., for babies being aborted. All are welcome to pray quietly for those who have no voice, but our own! Parking at Schneider Park. Any queries, please contact Cathy at: cmlamers@rogers.com

toward God that manifest itself through actions. To love God is to remain loyal to Him. The *Shema* exhorts the people to remain undivided in their devotion to God.

There are three terms used to express how the people should love God: "heart," "soul," and "might." While there are nuances distinguishing the terms, they each convey the sense of the entire person. The use of all three terms here encapsulates every aspect of the human person. (*From Workbook for Lectors*)

As we near the end of the Year of Prayer (designated by Pope Francis as preparation for the Year of Jubilee), can rosary beads help with other prayers?

Excerpts from *Mental Prayer and the Rosary Beads: A Method of Prayer for the Laity* by Dr. John Bergsma

Interior, conversational prayer with God—which the Catholic spiritual tradition customarily terms “mental prayer” to distinguish it from “vocal prayer,” which is recited audibly—is a key spiritual discipline without which there is little prospect for growth in holiness for the baptized believer. Therefore, catechesis about the role of mental prayer in the spiritual life and the techniques or methods of mental prayer is an urgent necessity in our and every age.

The term “mental prayer” is traditional but can be misunderstood in contemporary discourse because the term “mental” can suggest “rational,” “speculative,” or “intellectual.” But that is not the meaning at all. Mental prayer is the prayer of our heart, our soul. It is interior conversation, communion with God in the center of our being. The traditional idea of mental prayer corresponds closely to what the Catechism calls “meditation” (CCC 2705–2708) but with practice and spiritual maturity can grow into “contemplation” or “contemplative prayer” as well (CCC 2709–2719). “Mental” only denotes external silence as opposed to vocal recitation; “meditation” and “contemplation” are different interior acts of the mind and soul that take place in such silent prayer.

Many great saints and spiritual writers have emphasized the importance of mental prayer. St. Ignatius of Loyola is reputed to have quipped, “Holiness is impossible without it.” ...

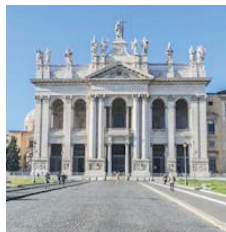
Nonetheless, even many Christians who are convinced that mental prayer is a necessity of the Christian life do not find the practice easy. Distraction and wandering thoughts constitute a major problem....Common solutions for distraction include bringing a spiritual book to one’s time of prayer and using it as food for conversation with God: reading a few sentences, then speaking about them to God for a few moments, and returning to the book whenever thoughts wander. Journaling, too, is a frequently recommended practice, as the act of “writing a letter to God” can often help to focus one’s thoughts....Yet another method includes the use of rosary beads...Using the beads of a standard rosary can help to keep one’s thoughts focused and progressing through the different postures of conversational prayer.

It has long been recognized that there are certain modes of discoursing with God, and four of these encompass most of the interior acts that make up mental prayer: Adoration, Confession, Thanksgiving, and Supplication. This order is easy to remember as it forms the acronym ACTS. Furthermore, there is a spiritual logic to it: as we enter God’s presence, it makes sense to first acknowledge His greatness (adoration) and then our own unworthiness (confession). Then we strengthen our faith by recollection of God’s goodness toward us (thanksgiving), which prepares our soul to ask in faith for that which we (and others) still need (supplication).

The beads of the rosary are used to stay recollected, remember one’s place in the stages of prayer, and help ensure a balance of time between these four different interior acts, all of which are important for a “balanced diet,” so to speak, of mental prayer.

On the first decade of the rosary, one formulates ten aspirations of adoration to God. There are many things that may inspire these aspirations: the beauty of nature, the awe-inspiring attributes of God in Himself, God’s self-gift in the sacraments, and the mighty deeds of God in salvation history are all suitable for inspiring the heart. It should be remembered, though, that adoration is praise of God for who He is, and thus distinct from thanksgiving, which is praise of God for what He has done. There is a connection and overlap between the two, but nonetheless it is worth attempting to keep the distinction. By our term

“adoration” we are encompassing the elements the Catechism distinguishes as blessing, adoration, and praise (CCC 2626–28, CCC 2639–43). It is important to acknowledge that the excellence, virtues, and perfections of God inspire us to praise Him for and in Himself, quite apart from anything He has done for us. *To be continued...* (From review.catechetics.com/mental-prayer-and-rosary-beads-method-prayer-laity)



On November 9th the Church celebrates the feast of the Dedication of the Lateran Basilica in Rome, the oldest and highest ranking of the four major basilicas in Rome. The Basilica of St. John Lateran is the cathedral of the diocese of Rome, the official ecclesiastical seat of the Holy Father, the Bishop of Rome, not St. Peter’s Basilica as so

many mistakenly believe. The Basilica is also called the Church of Holy Saviour or the Church of St. John the Baptist. In ancient Rome this was the church where everyone was baptized. It the oldest church in the West, built in the time of Constantine and was consecrated by Pope Sylvester in year 324. This feast became a universal celebration in honour of the archbasilica, the ecclesiastical mother church, called “the mother and mistress of all churches of Rome and the world” (*omnium urbis et orbis ecclesiarum mater et caput*), as a sign of love for and union with the See of Peter. (From catholicculture.org)

St. Francis of Assisi Church – Christmas Bazaar - All are invited to attend our annual bazaar, taking place on Saturday, November 9th from 9AM – 1PM in St. Francis of Assisi Parish Hall! (49 Blueridge Ave. Kitchener) There are many great high value raffle prizes, fresh home-made pies, a “treasure trove” of special items and much more! We hope to see you there!

Waterloo Knights of Columbus invites all Catholic men, 18 and older, to join us! We are a charitable organization that helps our community in many ways. To find out more, or to visit us, call our recruitment manager Al Kehn @ 519-778-2083 or email popkehr@gmail.com. Is Jesus calling you today?

Resurrectionist Vocation Minute - Jesus teaches that to love God and neighbor is the greatest commandment. This love is not just about feelings but about action - about living a life of total dedication. A vocation is precisely that: a radical act of love. When we discern a vocation, we discern how God is asking us to live out this radical love daily. Are you willing to let this radical love shape your decisions, actions, and future? Fr. Pawel Szymanowski, CR; resurrectionistvocation@gmail.com

Date	Sunday	Loose	Maint.	Diocesan	PAD
Oct. 27	2297.15	262.10	0.00	310.00	2178.61

Thank you for your donations



Agnus Day appears with the permission of www.agnusday.org

martin's
Guardian Pharmacy+

We Care For You Like Family
martinspharmacy.ca
Alan Martin, Pharmacist
519-664-3785
10 Parkside Dr., St. Jacobs

Henry Walser
FUNERAL HOME LTD.

AN INDEPENDENT FAMILY OWNED
FUNERAL HOME
507 FREDERICK ST.
(at expressway)
519-749-8467

Roofman Inc.

www.roofman.com
519-744-3830



**Shopping
Locally
Saves Gas**



**Waterloo Knights of Columbus
Columbus Conference Centre**

145 Dearborn Place

Friday Night Fish Fry:

Take out call Derek 226-748-8378

Eat in call Manager 519-884-2060

Hall Rentals:

Life Celebrations, Weddings and Showers,
call Manager 519-884-2060



Hygate
Retirement Residence

Call for your
complimentary
tour & lunch

Seniors Apartments
Independent Living Plus
Assisted Living
Respite Care

519-501-1131 ext 7502
info@hygateliving.com



munjal carere dental

Dr. Vincent P. Carere DDS, Complete Implant Services
Dr. Ajay K. Munjal BSc. DDS, Sedation Certified
450 Erb St. W. (Beechwood Centre)

munjalcareredental.ca | 519-886-0330

**Preparing for Surgery?
Surgical Risk Insurance**

Let's face it, there are risks, but we're here to help relieve any financial anxiety by providing quick & affordable Insurance coverage for accidental death so you can focus on your preparation and recovery.

Who is this insurance for?

- ✔ You have a scheduled surgery upcoming
- ✔ You want to protect your loved ones in case of accidental death during your surgery
- ✔ You need affordable, simple and one-time insurance protection



SAMOS

www.surgeryinsurance.ca
1-866-875-1999

IT'S
WISE to
ADVERTISE!

REITZEL HEATING & AIR CONDITIONING



- Commercial • Radiant Heaters
- Industrial • Gas Furnaces
- Residential • Air Conditioning

665 Superior Drive, Waterloo, Ont N2V 2C8 519-884-3510

**THE PERFECT SPOT TO ADVERTISE
YOUR BUSINESS!**



TO ADVERTISE IN THIS SPACE PLEASE CALL 905-624-4422

THE MILLER INVESTMENT MANAGEMENT GROUP

ScotiaMcLeod, a division of Scotia Capital Inc.

Peter J. Miller, CFA
Senior Wealth Advisor, Portfolio Manager

We build a complete financial strategy for all our clients, including financial and estate planning, tax efficient investment management and insurance strategies.

www.millerinvestmentmanagementgroup.ca

Scotia Wealth Management.

Scotia Capital Inc. is a member of the Canadian Investor Protection Fund and the Investment Industry Regulatory Organization of Canada. The Miller Investment Management Group is a personal trade name of Peter Miller.

ERB & GOOD
FAMILY FUNERAL HOME

*Proud to be
Family Owned &
Independently Operated
Since 1946*

171 King St. S. Waterloo
519.745.8445
www.erbgood.com

VINCENZO'S
SINCE 1967

150 Caroline Street South, Waterloo, Ontario
At the Bauer Marketplace (King & Allen St.)
Weekdays 9 am-8 pm, Saturday 8 am-6 pm.
Closed Sunday